

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
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Proprietary Herbal Blend	588 mg	*
Contains:		

Ginger (<i>Zingiber officinale</i>) (root)	Chickweed (<i>Stellaria media</i>) (aerial)
Dandelion (<i>Taraxacum officinale</i>) (root)	Papaya (<i>Carica papaya</i>) (leaf)
Fenugreek (<i>Trigonella foenum-graecum</i>) (seed)	Mullein (<i>Lychnis coronaria</i>) (leaf)
Alfalfa (<i>Medicago sativa</i>) (leaf)	Burdock (<i>Arctium lappa</i>) (root)
Fennel (<i>Foeniculum vulgare</i>) (seed)	Cayenne Pepper (<i>Capsicum annuum</i>) (fruit)
Yarrow (<i>Achillea millefolium</i>) (flower)	Irish Moss (<i>Chondrus crispus</i>) (plant)
Hawthorn Berry (<i>Crataegus laevigata</i>) (fruit)	Black Cohosh (<i>Cimicifuga racemosa</i>) (root)
Horsetail (<i>Equisetum arvense</i>) (aerial)	Kelp (<i>Macrocystis pyrifera</i>) (plant)
Marshmallow (<i>Althaea officinalis</i>) (root)	Milk Thistle (<i>Silybum marianum</i>) (seed)
Licorice (<i>Glycyrrhiza glabra</i>) (root)	Slippery Elm (<i>Ulmus rubra</i>) (bark)
Peppermint (<i>Mentha piperita</i>) (leaf)	Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf)
Skullcap (<i>Scutellaria baicalensis</i>) (aerial)	Echinacea (<i>Echinacea angustifolia</i>) (aerial)
Red Clover (<i>Trifolium pratense</i>) (flower)	Plantain (<i>Plantago lanceolata</i>) (seed)
Safflower Oil (<i>Carthamus tinctorius</i>) (seed)	Yellow Dock (<i>Rumex crispus</i>) (root)
Red Raspberry (<i>Rubus idaeus</i>) (leaf)	

*Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose (Plant Origin), Vegetable Stearic Acid, Acacia Gum, Croscarmellose, Silica, Cellulose Coating.

Directions: For adults, take both Herbal Formula and Fiber Formula together. Start with one (1) tablet of each during the morning and one (1) tablet of each in the evening. Increase intake of both products by one (1) tablet each morning and evening until desired results are achieved. Do not exceed six (6) tablets of either product daily. Drink 8 to 10 glasses of water per day or follow the advice of your health care professional.

Carefully Manufactured by PhysiLogics
Northglenn CO, 80234 U.S.A.
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PROD. NO. 2964

Complete Cleanse® HERB FORMULA



COMPREHENSIVE HERBAL FORMULA FOR DIGESTIVE CLEANSING SUPPORT**

HERBAL SUPPLEMENT

Vegetarian Formula

120 COUNT



PhysiLogics®

PRODUCT DISCUSSION: The Herbal Formula and Fiber Formula are a synergistic blend of over 20 herbs and over 10 fibers. The two formulas are designed to work efficiently and gently with your body's natural processes.

Note: Not for use by pregnant or nursing women. Consult doctor before use if you have, or have had, a hormone sensitive disorder, high or low blood pressure, heart disease, diabetes, liver or kidney disorders, intestinal, bile duct or gallbladder problems, esophageal reflux, hiatal hernia, chronic heartburn, allergy to daisy-like flowers or if you are taking **ANY PRESCRIPTION MEDICATIONS** including oral contraceptive, hormone therapy, diuretics, digitalis, antibiotics, diabetes medications, steroids, blood thinners or daily aspirin, if you have or had a bleeding disorder, or if you plan to have or have had recent surgery. **Discontinue use and consult your doctor** if any adverse reactions occur, including gastrointestinal discomfort, heartburn, headache, irregular heartbeat, dizziness, hypoglycemia, water retention, high blood pressure, rash, allergic reactions, difficulty breathing or increased urination. Not intended for long-term use. Discontinue use after three weeks. Use of this herb may make skin sensitive to sunlight and UV light, which could result in sunburn or skin rash after several days of use. Limit exposure to the sun or any indoor tanning equipment including beds, lamps or booths. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GUARANTEED FREE OF: yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).

TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

Vegetarian Formula

Laboratory Tested to
Guarantee Quality
For Health Care
Professional Use Only



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PRODUCT DISCUSSION: The Herbal Formula and Fiber Formula are a synergistic blend of over 20 herbs and over 10 fibers. The two formulas are designed to work efficiently and gently with your body's natural processes.

Note: Not for use by pregnant or nursing women, or persons under the age of 18. Do not exceed recommended dose. **Consult doctor before use if you have, or have had, allergies to psyllium, an intestinal obstruction, abdominal pain or an inflammation of the intestines such as appendicitis, colitis, Crohn's disease, irritable bowel, gallstones, esophageal reflux, hiatal hernia, chronic heartburn, a hormone sensitive disorder or if you are taking ANY PRESCRIPTION MEDICATIONS** including oral contraceptive, hormone therapy, antibiotics, blood thinners or daily aspirin, if you have or had a bleeding disorder, or if you plan to have or have had recent surgery. Do not use laxative products when abdominal pain, nausea and/or vomiting are present unless directed by a doctor. If you experience a sudden change in bowel habits that persists over a period of 2 weeks, consult a doctor before using a laxative. Laxative products should not be used for a period longer than 1 week unless directed by a doctor. Rectal bleeding or failure to have a bowel movement after use of a laxative may indicate a serious condition. Discontinue use and consult your doctor if any adverse reactions occur including heartburn, gastrointestinal disturbances, headache, rash, allergic reactions or difficulty breathing. Use of this herb may make skin sensitive to sunlight and UV light, which could result in sunburn or skin rash after several days of use. Limit exposure to the sun or any indoor tanning equipment including beds, lamps or booths. In case of accidental overdose, seek professional assistance or contact a Poison Control Center immediately.

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Any medication should be taken one (1) hour prior to consuming this product.

WARNING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention.

GUARANTEED FREE OF: yeast, wheat, sugar, preservatives, artificial color, artificial flavor, sodium (less than 5 mg per serving).



Vegetarian Formula

Laboratory Tested to
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Complete Cleanse[®] FIBER FORMULA



COMPREHENSIVE FIBER FORMULA FOR DIGESTIVE AND COLON HEALTH**

DIETARY SUPPLEMENT

Vegetarian Formula

120 COUNT



PhysioLogics[®]

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	%Daily Value
Proprietary Blend Contains:	588 mg
Cascara Sagrada (<i>Rhamnus purshiana</i>) (bark)	Glucomannan (<i>Amorphophallus rivinii</i>) (root)
Fennel (<i>Foeniculum vulgare</i>) (seed)	Karaya Gum (<i>Sterculia urens</i>) (sap)
Psyllium Husk (<i>Plantago ovata</i>) (seed husk)	Lemon Fiber (<i>Citrus limon</i>) (fruit)
Ginger (<i>Zingiber officinale</i>) (root)	Peppermint (<i>Mentha piperita</i>) (leaf)
Acacia Gum (<i>Acacia senegal</i>) (sap)	Oat Bran (<i>Avena sativa</i>) (seed)
Apple Pectin (<i>Malus sylvestris</i>) (fruit)	Red Raspberry (<i>Rubus idaeus</i>) (leaf)
Apple Powder (<i>Malus sylvestris</i>) (fruit)	Slippery Elm (<i>Ulmus fulva</i>) (bark)
Alfalfa (<i>Medicago sativa</i>) (leaf)	Chlorella Algae (<i>Chlorella pyrenoidosa</i>) (plant)
Barley Rice (<i>Hordeum vulgare</i>) (seed)	Lactobacillus Acidophilus
Beet (<i>Beta vulgaris</i>) (root)	Guar Gum (<i>Cyamopsis tetragonolobus</i>) (seed)

*Daily Value not established.

Other Ingredients: Calcium Carbonate, Cellulose (Plant Origin), Vegetable Stearic Acid, Croscarmellose, Silica, Cellulose Coating.

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NOTICE: This product contains Psyllium and Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because Psyllium and Cascara Sagrada may worsen these conditions and be harmful to your health.** Consult your doctor if you have frequent diarrhea, a medical condition, or if you are taking any prescription medication, especially digitalis.

**KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.
TAMPER RESISTANT: DO NOT USE IF IMPRINTED SEAL UNDER CAP IS BROKEN.**

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PROD. NO. 2993

